

# BIGFOOT SCRAMBLE 5 MI

**Saturday, November 18, 2006**

**Part of 28<sup>th</sup> Annual Tennessee State Park Running Tour**

**STANDING STONE STATE PARK, Hilham TN. Park info 931-823-6347.**

**Directions:** From Nashville, take I-40 East to the third Cookeville exit (288). Take Hwy 111 N to Livingston. Turn left on Hwy 52 to Hilham, then right on Hwy 136, which is the main park road. At the Ranger's house, turn right to Overton lodge by Standing Stone Lake.

**Start and Finish:** at the lodge. The race starts at 11:00 AM central time.

**Course:** starts on the road, 300 yards from the bridge, to a turnaround. Back past the start to a second turnaround and back to the lodge. Every mile is marked.

**Long Sleeve T-shirt:** guaranteed to all pre-registered runners.

**Awards:** Five-year age groups with 3 awards in each category from under 20 to 70+. Special awards to overall male and female winners.

**Pre-registration Deadline:** November 11, 2006. Race day registration from 9:30 to 10:45 a.m.

**Race Director:** Lynn Burnett, Frostbite Running Club (931-823-6124). [Lynnburnett@comcast.net](mailto:Lynnburnett@comcast.net)

**Entry Fee:** \$ 15.00 payable to Bigfoot Scramble  
or \$ 5.00 without shirt  
(Late fee without T-shirt \$ 10.00)

Mail registration to: **Bigfoot Run**  
**811 Peach Drive**  
**Livingston, TN 38570**

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**Registration DC**      Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Age (on race day) \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt Size (circle)   S   M   L   XL   No Shirt

*Entry fees are non-refundable. Awards and shirts will not be mailed.*

**Waiver of Liability.** In consideration for accepting my entry, I, for myself, my heirs, executors and administrators, waive and release forever any and all rights and claims for damages I may have against the Tennessee Department of Environment and Conservation and the Frostbite Running Club or RRCA. I also release the above named for all claims of damages, demands, and actions in any manner due to any personal injuries, property damage, or death sustained as a result of my traveling to and from and my participation in said race. I attest and verify that I am physically fit and have sufficiently trained for the competition in the 2006 Bigfoot Scramble 5 Mile Run. I hereby grant the Tennessee Department of Environment and Conservation and all sponsors permission to use my name, photograph and likeness in any broadcast, telecast, or media account. In filling out this form, I acknowledge I have read and understand my ability.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent signature for runners under the age of 18)